



Trannack School PSHE rolling programme



Y1 Unit	Aiming High	Safety First	Digital Wellbeing	Team	Think Positive	Diverse Britain
Core theme	Living in the wider world	Health and Wellbeing	Relationships	Relationships	Health and Wellbeing	Living in the wider world
Y2 Unit	VIPs	Be Yourself	It's my Body	One World	Money Matters	Growing Up
Core theme	Relationships	Relationships	Health and Wellbeing	Living in the Wider World	Living in the Wider World	Health and Wellbeing
LKS2 Unit Year A	Aiming High	Safety First	Digital Wellbeing	TEAM	Think Positive	Diverse Britain
Core theme	Living in the Wider World	Health and Wellbeing	Relationships	Relationships	Health and Wellbeing	Living in the Wider World
LKS2 Unit Year B	VIPs	Be Yourself	It's my Body	One World	Money Matters	Growing Up
Core theme	Relationships	Relationships	Health and Wellbeing	Living in the Wider World	Living in the Wider World	Health and Wellbeing
UKS2 Unit Year A	Aiming High	Safety First	Digital Wellbeing	TEAM	Think Positive	Diverse Britain
Core theme	Living in the Wider World	Health and Wellbeing	Relationships	Relationships	Health and Wellbeing	Living in the Wider World
UKS2 Unit Year B	VIPs	Be Yourself	It's my Body	One World	Money Matters	Growing Up
Core theme	Relationships	Relationships	Health and Wellbeing	Living in the Wider World	Living in the Wider World	Health and Wellbeing

This programme follows the recommendations by the PSHE Association. In addition, all children have a termly lesson about learning and metacognition, and complete annual sessions about consent. There are annual whole school visits from the RNLI, Anti Bullying Cornwall



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and Edukid representatives. Year 1 complete the NSPCC Pantosaurus sessions, Years 3 and 4 have first aid training and Years 5 and 6 take part in the Bikeability programme.

We also underpin our pupils' emotional health and wellbeing with our involvement in The Culture of the Heart project, a scheme of work that gently and creatively helps children form healthy mental, emotional and relational habits.