

Friday 3rd November 2023





Trannack Primary School Trannack Helston Cornwall TR13 0DQ

Tel/Fax: 01326 572100 Email: adam.boyes@croftymat.org www.trannack.cornwall.sch.uk Executive Headteacher: Mrs May Head of school: Mr Boyes

Finance: School Meals £2.65 per day, £13.25 per week. Please pay via ParentPay

Early Bird - f.2.10 or f.2.80 per session Kid's Club - £7.35 per session This must be booked in advance!

You may replace: Book bags @£4.00

Uniform - <u>www.hartpersonalised.com</u> - www.myclothing.com or

Trannack Facebook Page: https://www.facebook.com/Trannack-School-275021094306153

Tax Free Childcare: www.gov.uk/tax-freechildcare

Diary Dates

INSET Days - Feb 19th, June 17th & July 24th Christmas - Dec 20th - Jan 3rd inc. Half term: Feb 12th - 16th inc. Easter: Mar 29th - Apr 12th inc. Half term: May 27th - 31st inc. Summer: Jul 25th - Sep 2nd inc.

Dear Parents/Carers

Bonfire Night

Please take care on bonfire night.

Keeping Children Safe

Would parents kindly close the gate after entering or leaving the school premises. Several times after parents have used the gate they have left it wide open.

Additional Surf Club Session - 7th November

Following the session where the beach was red-flagged, Global Boarders have kindly offered us an additional session, which will be on Tuesday of next week, the 7th November.

Playground Pals Training

The second session will be on Monday 13th November. Please wear your Trannack PE kit on this day.

School Individual Photographs

All families should have received a bar code to give them access to their photographs. The deadline for ordering is 19th November, any photographs ordered after this date will incur a delivery charge.

Attendance

The class with the highest attendance last week was Praa Sands class with 96.07%.

Mrs Hoskins will be sending off some used postage stamps after half term, to support Guide Dogs for the Blind and Cancer Research. If you have any used stamps, please bring them in by Monday 6th November.

FTS - Upcycled Christmas Gifts

Following the success of last year's event, the FTS have decided to do the same thing again this year. Basically unwanted presents can be donated, they will then be collected and saved. During the morning of 1st December, when we will hopefully have lots of gifts, for a donation children will be allowed to choose and wrap Christmas presents for family members. It's a great What are the

way of upcycling unwanted gifts that someone else will get pleasure from.

Digital Parenting - Sleeping vs Scrolling - A recent Ofcome study found 70% of young people miss sleep because of online habits. Dr Richard Graham and Dr Elly Hanson explain how to help your children have a healthier night-time routine as they grow older.

Applying for a Place in a Primary School

The deadline to apply for a Reception place in a primary school is 15th January 2024. Please go to www.cornwall.gov.uk/admissions follow and the instructions.



of sleep? Every one of us as a

child hated bedtime,

when we had to leave our parents or some exciting event to get the sleep we needed. And we now know, we really do need sleep. Sleep is important for learning and behaviour, growth, and staying happy. A lack of sleep can affect growth, and when a sleep problem is resolved, a growth spurt can occur.

What can you do?

- Avoid high stimulation activities such as TV, video games or social media for at least an hour before bedtime.
- Establish a regular evening routine, reading to younger children or encouraging them to read.
- No caffeine or fizzy drinks during the evening.
- Listen to relaxing music, and have them take a bath or shower before bed.

Dr Richard Graham is a Consultant Psychiatrist with an expertise in technology addiction



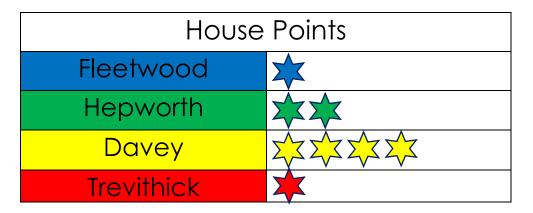
Stamps for Charity

Wanted

Mrs Ash is currently looking for a bird feeder hanger and bird feeders to put on it for use around our sensory cabin. If anyone has anything like this at home they no longer use and would like to donate before we buy new that would be appreciated. Many thanks.

Diary Dates:

Extra surf session - Tuesday 7th November Playground Pals Training - Monday 13th November Deadline to order photographs - Sunday 19th November Hearing Screening for Yr1 pupils - Thursday 23rd November Christmas dinner - Wednesday 13th December Godrevy Trip to the Martime Museum - Thursday 14th December Christmas plays - Monday 18th December





Name	Class	Certificate	Reason					
Oliver	Godrevy	Learner of the Week	For always trying his best in every subject.					
Lowen	Godrevy	Citizen of the Week	For showing a sense of responsibility in her r Librarian and also trying to look after the s site!					
Arthur	Portreath	Learner of the Week	For super work on vocabulary in guided rea	ding				
	Portreath	Citizen of the Week	For showing respect for others' celebrations an demonstrating resilience after having made a mistake.					
Рірра	Praa Sands	Learner of the Week	For working hard in English.					
Lenny	Praa Sands	Citizen of the Week	For being super helpful in the class for Mrs Wood					
		Reading Kara	te					
	Name	Colour	Class					
	Jden	Yellow	Godrevy					
	Mysha	white	Portreath					
	Sephy	white	Portreath					
	Annie	white	Portreath					
	Charlie W	white	Portreath					
	Emma	white	Portreath	Portreath				

Week 2

06/11/23	Monday		Tuesday		Wednesday		Thursday			Friday					
Name	Cheese & tomato pizza	Veggie cottage pie	Jacket pot, cheese å/or beans, or pasta	Turkey con chilli	Macaroni cheese	Jacket pot, cheese &/or beans, or pasta	Roast beef with roast potatoes	Cheesy leek and carrot crumble	Jacket pot, cheese å/or beans, or pasta	Sausage pasta bake with garlic bread	Veggie saus pasta bake å garlic bread	Jacket pot, cheese &/or beans, or posta	Fish fingers å chips	Crispy Quorn nuggets & chips	Jacket pot, cheese å/or beans, or pasta

Saints Southwest

Saints Southwest are delighted to announce we have launched our December Half Term programmes (Football, Multi Sports & Soccer Tot courses available) open to all children aged 2-12 years within Devon, Somerset, Cornwall & Dorset.

We are a leading Football and Sports Development organisation in the South West, who pride themselves on being able to reach all children through various Education, Community and Football activities.

Saints Southwest School Holiday courses offer exceptional value for money, and the opportunity for young players to improve their skills through a structured and enjoyable coaching programme devised and delivered by experienced and qualified coaches. Full-day courses typically run from 10.00am to 3.00pm with an early drop of service available from 9.00am every holiday period. The days are action-packed that allow children to learn new skills and improve match play whilst having fun.

Please use the following discount code for £3.00 off, limited time only; OYC883

There are limited spaces on our December Half Term courses, so booking early is advised. All bookings must be made online via; <u>https://saints-southwest.class4kids.co.uk/camps</u>



