

# Newsletter

Friday 10<sup>th</sup> November 2023



Trannack Primary School  
Trannack  
Helston  
Cornwall  
TR13 0DQ

Tel/Fax: 01326 572100  
Email: [adam.boyes@croftymat.org](mailto:adam.boyes@croftymat.org)  
[www.trannack.cornwall.sch.uk](http://www.trannack.cornwall.sch.uk)  
Executive Headteacher: Mrs May  
Head of school: Mr Boyes

**Finance:**  
School Meals £2.65 per day, £13.25 per week. Please pay via ParentPay

Early Bird - £2.10 or £2.80 per session  
Kid's Club - £7.35 per session  
This must be booked in advance!

You may replace:  
Book bags @£4.00

Uniform - [www.hartpersonalised.com](http://www.hartpersonalised.com)  
or - [www.myclothing.com](http://www.myclothing.com)

Trannack Facebook Page:  
<https://www.facebook.com/Trannack-School-275021094306153>

Tax Free Childcare: [www.gov.uk/tax-free-childcare](http://www.gov.uk/tax-free-childcare)

**Diary Dates**  
INSET Days - Feb 19<sup>th</sup>, June 17<sup>th</sup> & July 24<sup>th</sup>  
Christmas - Dec 20<sup>th</sup> - Jan 3<sup>rd</sup> inc.  
Half term: Feb 12<sup>th</sup> - 16<sup>th</sup> inc.  
Easter: Mar 29<sup>th</sup> - Apr 12<sup>th</sup> inc.  
Half term: May 27<sup>th</sup> - 31<sup>st</sup> inc.  
Summer: Jul 25<sup>th</sup> - Sep 2<sup>nd</sup> inc.

Dear Parents/Carers

## Keeping Children Safe

Please always close the gate after use.

**Attendance:** Our Whole School attendance is currently extremely low at 92%. Please can I ask again that every effort is made to ensure that children are at school every day during term time. Studies conclusively show that persistent absence severely damages children's chances of making progress as well as impacting negatively on their emotional wellbeing. Letters will be sent out shortly to parents of children whose attendance is below 90% to give more information about the impact of absences and to outline the possibility of Education Welfare Officer involvement and fines. Thank you.

## Absence Reporting

If your child is absent from school, it is extremely important to call with the reason, as soon as you are able. For safeguarding reasons, there are new protocols in place which we have to adhere to. If we don't get a call, email or answerphone message by 9:15am we have to call the parent. If we cannot get through to the parent after several attempts, we will have to do a home visit to ensure that the child/children is/are safe. We cannot differentiate between families; this applies to everyone.

## Playground Pals Training

The second session will be on **Monday 13<sup>th</sup> November**. Please wear your **Trannack PE kit** on this day.

## Children in Need

Friday 17<sup>th</sup> November is this year's Children in Need appeal date, to support this we will be inviting the children to come to school dressed in spots. For the privilege we request a donation of £1 towards Children in Need.

## Attendance

The class with the highest attendance last week was Praa Sands class with 95.11%.

## Learning about Fossilisation

Portreath Class have been learning about the process of fossilisation. They ordered the process and then made their own fossils using salt dough. They also learnt about the life of Mary Anning a famous fossil hunter!

## Surfing

I am extremely proud of all the children who have attended surf club. They have represented Trannack with resilience, determination and positivity. We had a great time too! Mr Boyes



### Wrap Around Care

Invoices for wrap around care for last half term will be put on ParentPay in the next few days. Please keep an eye out for them! Prompt payment is much appreciated.

### School Meals

Please ensure that school meals are regularly paid for on ParentPay.

### FTS - Upcycled Christmas Gifts

Thank you for the gifts already received, please keep them coming in. It's a great way of upcycling unwanted gifts that someone else will get pleasure from.

**TTRS England Rocks:** Next week from 14<sup>th</sup>-16<sup>th</sup> November, Times Table Rockstars are running a national times tables competition and Portreath and Godrevy Classes have entered! We would like as many children as possible to take part, answering as many multiplication and division questions correctly as they can. The winning school and class will be based on the highest average number of correct answers per pupil. *Children can use their normal school log in to take part anytime between the hours stated below.*

#### RULES:

- Every correct answer that a student gives, in any game type, between the hours of 7:30am GMT to 7:30pm GMT each day will contribute to their class and school score.
- There is a 60-minute limit playtime per player, per day.
- Each class has a minimum player count of 10. If fewer than 10 in the class play in the competition, their total will be divided by 10 regardless.



**Anti-bullying week:** Next week is National Anti-Bullying Week. As part of raising awareness of the issues around bullying, we are going to start the week off with Odd Socks Day on Monday 13th November. All children need to do is wear odd socks - the brighter and more mismatched the better! It's a great way to celebrate what makes us all unique in Anti-Bullying Week!

### Hearing Screening

Hearing screening will take place for Yr1 pupils on Thursday 23<sup>rd</sup> November. If you wish to opt out please see Mrs Hoskins.

### Applying for a Place in a Primary School

The deadline to apply for a Reception place in a primary school is 15<sup>th</sup> January 2024. Please go to [www.cornwall.gov.uk/admissions](http://www.cornwall.gov.uk/admissions) and follow the instructions.

**Digital Parenting - Sleeping vs Scrolling** - A recent Ofcom study found 70% of young people miss sleep because of online habits. Dr Richard Graham and Dr Elly Hanson explain how to help your children have a healthier night-time routine as they grow older.

#### Diary Dates:

Playground Pals Training - Monday 13<sup>th</sup> November

Deadline to order photographs - Sunday 19<sup>th</sup> November

Hearing Screening for Yr1 pupils - Thursday 23<sup>rd</sup> November

Christmas dinner - Wednesday 13<sup>th</sup> December

Godrevy Trip to the Maritime Museum - Thursday 14<sup>th</sup> December

Christmas plays - Monday 18<sup>th</sup> December

11 to 16 years

#### Why is sleep affected?

Adolescents have a different sleep/wake cycle to younger

children and adults, preferring later bedtimes and wake times. However, if scrolling through phones or watching videos at night, the light from these devices can disrupt the body's natural wind-down to sleep, creating bodily confusion about whether it is night or day.

#### What can you do?

- ✗ Let teens lie in as much as possible – but avoid a huge difference between weekdays and weekends.
- ✓ Later evenings should be spent in lower light, avoiding devices as much as possible closer to bedtimes.
- ✗ Devices should be kept out of bedrooms at night.
- ✓ Speak to like-minded parents in your child's social circles to agree a rough consensus around bedtime rules – to avoid frustration and arguments.

Dr Elly Hanson is a Clinical Psychologist with expertise in children, young people and digital technology.



### Week 3