

Newsletter

Friday 5th July 2024



Trannack Primary School
Trannack
Helston
Cornwall
TR13 0DQ

Tel 01326 572100

www.trannack.croftymat.org

Executive Headteacher: Mrs L. May
linda.may@croftymat.org

Head of school: Mr A. Boyes
adam.boyes@croftymat.org

Finance:
School Meals £2.65 per day, £13.25 per week. Please pay via ParentPay

Early Bird - £2.10 or £2.80 per session
Kid's Club - £7.35 per session
This must be booked in advance!

You may replace:
Book bags @£4.00

Uniform - www.hartpersonalised.com
or - www.myclothing.com

Trannack Facebook Page:
<https://www.facebook.com/Trannack-School-275021094306153>

Tax Free Childcare:
www.gov.uk/tax-free-childcare

Diary Dates

Summer: Jul 25th - Sep 4th inc.
INSET Days - Tue 3rd Sep, Wed 4th Sep,
Mon 14th Oct, Mon 24th Feb, Thur 8th
May, Mon 2nd Jun, Wed 23rd Jul
Autumn term - Sep 5th - Dec 20th inc.

Dear Parents/Carers

Sustainability Week

This week was sustainability week at Trannack! We gave some of our wider curriculum time over to thinking about the environment and how we can live and work more sustainably, and how we can begin caring for and improving the environment around us and in the wider world. Our Godrevy class have been focusing on car production during sustainability week, comparing fossil fuel-based cars with electric cars and the impact that both can have on the environment. They have learnt about lithium production and the benefits that battery power brings, as well as some of the problems that these batteries can cause. We finished off our week today with a BIG debate to try to answer the question, 'Should electric cars be part of our journey towards a greener future'. In Portreath class this week we have been learning about water pollution, focusing on the rivers of the UK. Children have talked about how water is filtered to make it safe to use and countries around the world that don't have that luxury. We have created information posters about water pollution, created our own water filters and described the process of filtration. We are going to continue our learning by studying the local 'Red river' and writing a report on its history. The children in Portreath have been shocked by some of the facts and figures we have discovered this week. Our Praa Sands class helped to rescue some sea animals trapped in rubbish that had been washed into our classroom. We will be thinking about the question "what would it be like if there were no plants or animals in the sea?"



Play, Stay & Transition Session for Little Learners and Reception Children - 2024/25

We will be holding our 'Play, Stay & Transition Session' on the afternoon of Monday 15th July 1pm - 3pm. This is for all of our EYFS children which includes our new Little Learners, next year's Reception children (and their parents). Our prospective Reception children will be able to stay for lunch and our new Little Learners are invited to join us at 1pm.

INSET Days for 2024/25

There will be 7 INSET days next year, these are for essential staff training. Please see the panel at the side of the newsletter for the dates.

ParentPay

Wrap Around Care invoices for Apr/May 24 have been added to ParentPay. It would be much appreciated if these could be settled as soon as possible, along with contributions for swimming and school trips.

School Meals

Please ensure that you settle payment for any outstanding school meals which are owing, thank you!

Personal, Social, Health Education (PSHE) and Relationships & Sex Education (RSE):

Please look out for a detailed outline of the new RSE & PSHE curriculum that we would like to begin using, which will be posted on Class Dojo today. If you have any questions or concerns about anything that we cover in our PSHE or RSE lessons, please do not hesitate to ask your child's class teacher or Mr Boyes.

While we cover many elements of the statutory RSE curriculum throughout the year, each of our classes will be having a particular focus on changing bodies, puberty and reproduction next week. All lessons are taught using the correct, scientific terminology, child-friendly language and diagrams. Please see the document mentioned above on Class Dojo for a more detailed overview of what we will be covering, but in brief:

Children of ages 5-6 are taught:

- Acceptable and unacceptable physical contact.
- The differences between boys' and girls' bodies.
- Scientific names for body parts

Children aged 6-7 will:

- Learn about 'boys' and girls' bodies.
- Scientific names for body parts.
- Understand that private parts are private.

Children aged 8-9 will:

- Learn about some of the physical changes pupils will experience as they go through puberty.
- Understand that physical change is part of growing up.
- Identify the changes that males and females go through as they grow and develop from being a child to an adult.




Children aged 9-10 will learn about:

- The menstrual cycle and other changes that happen during puberty.
- Emotional changes that occur during puberty.

Children aged 10-11 will:

- Further develop their understanding of the physical and emotional changes that happen during puberty.
- Learn about the biology of conception. (Parents have the right to withdraw their child from the 'Main event' part of this lesson.)
- Learn how a baby develops in the womb and is born. (Parents have the right to withdraw their child from the lesson.)

If you would like more information about any of the subjects we will be learning about next week, do not hesitate to ask. If you would like to discuss withdrawing your child from any of the lessons, please speak to your child's class teacher.

House Points	
Fleetwood	
Hepworth	
Davy	
Trevithick	

House Points

Hepworth won this week's house points. Well done!

Attendance

The class with the highest attendance last week was Praa Sands class with 94.67%.

1 MAKE IT FUN 

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

Promoting Physical Wellbeing - 10 Top Tips for Parents & Educators

Activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

<p>Diary Dates: Surf Day - Godrevy & Portreath classes - Thur 11th July Little Learners' (Sep 24) - Play & Stay session - Mon 15th July 1 - 3pm Rocksteady Concert - Tue 16th July - 9am (parents invited) Leavers assembly - Weds 24th July - 09:15 End of term assembly - Wed 24th July - 14:30 Last day of term - Wed 24th July First day of autumn term - Thur 5th September</p>	<p>Clubs This Half Term Monday - KS1/KS2 Gardening Club Tuesday - KS1 Forest School Club Tuesday - KS2 Recorder Club Wednesday EYFS - Yr6 Services Club Thursday - KS2 Art Club Thursday - KS2 Forest School Club</p>
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Week 1 08/07/24	Monday				Tuesday				Wednesday				Thursday				Friday			
Name	Cheese & tomato pizza	Vegetable korma	JP cheese/beans, or pasta	Ham or cheese sandwich	Beef burger & wedges	Veggie burger & wedges	JP cheese/beans, or pasta	Ham or cheese sandwich	Roast pork & roast potatoes	Vegetarian cottage pie	JP cheese/beans, or pasta	Ham or cheese sandwich	Turkey lasagne	Vegetable Spanish rice	JP cheese/beans, or pasta	Ham or cheese sandwich	Fish fingers & chips	Quorn dippers & chips	JP cheese/beans, or pasta	Ham or cheese sandwich

This week's certificates go to:

Name	Class	Certificate	Reason
Ashiqia	Godrevy	Learner of the week	For always trying her best to focus and for putting all her effort in every subject.
Jack	Godrevy	Citizen of the week	For taking on the role of house captain with commitment and lots of enthusiasm!
Charlie W	Portreath	Learner of the week	For super recall of previous learning in Maths.
Arthur	Portreath	Citizen of the week	For demonstrating great enthusiasm for our topic in sustainability.
Fergus	Praa Sands	Learner of the week	For working on his letter formation and keeping his handwriting neat.
Ash	Praa Sands	Citizen of the week	For continuing to set a good example in the class and being a great role model.

Reading Karate

Name	Colour	Class
Arthur - WELL DONE!	BLACK	Godrevy
Jack - WELL DONE!	BLACK	Godrevy
Erin - WELL DONE!	BLACK	Godrevy
Liam	Brown	Godrevy
Arthur	Blue	Godrevy
George	Orange	Godrevy

Parent Survey

I would like to share with you the outcome of this year's parent survey (attached). Thank you to everyone who took the time to respond - we really appreciate your feedback.

As you can see, the feedback we received from you is 92% positive. I'm very pleased that the vast majority of you are happy with the education we are providing for your child(ren) and would like you to know how much we appreciate your support. However, we are of course always looking to improve what we offer, so please come to speak to me if you have any concerns or questions about anything we do.

We received a couple of comments regarding our uniform policy and I'd like to take the opportunity to explain our thoughts on this and why we have a uniform at Trannack:

- To foster a sense of community and belonging; we want all our children to feel part of and be proud of the Trannack team
- To encourage high expectations of behaviour and attitudes towards learning
- To reduce distractions/potential competition between children over how they look
- For safety when out on trips and at events
- To help prepare Year 6 for secondary school

We try to make adhering to our uniform policy simple and relatively low-cost. Therefore, while we prefer our uniform to carry the Trannack logo, we don't insist on this, and there are also a number of options for where uniform can be purchased from, including local super markets (for uniform without the logo). From the beginning of September, we will also have free second hand uniform available. Additionally, we understand that it might be necessary to discuss making some reasonable adjustments to the uniform for individual children. Periodically, we are obliged (following OFSTED guidance) to send out reminders on our newsletter of our policy, especially to highlight the options available.

While I don't expect that everyone will necessarily agree with our policy, I hope that you can see the reasoning behind it and how it forms part of the picture of how we work to make Trannack the best school it can be. Again, please come to speak to me if you have any concerns or questions.

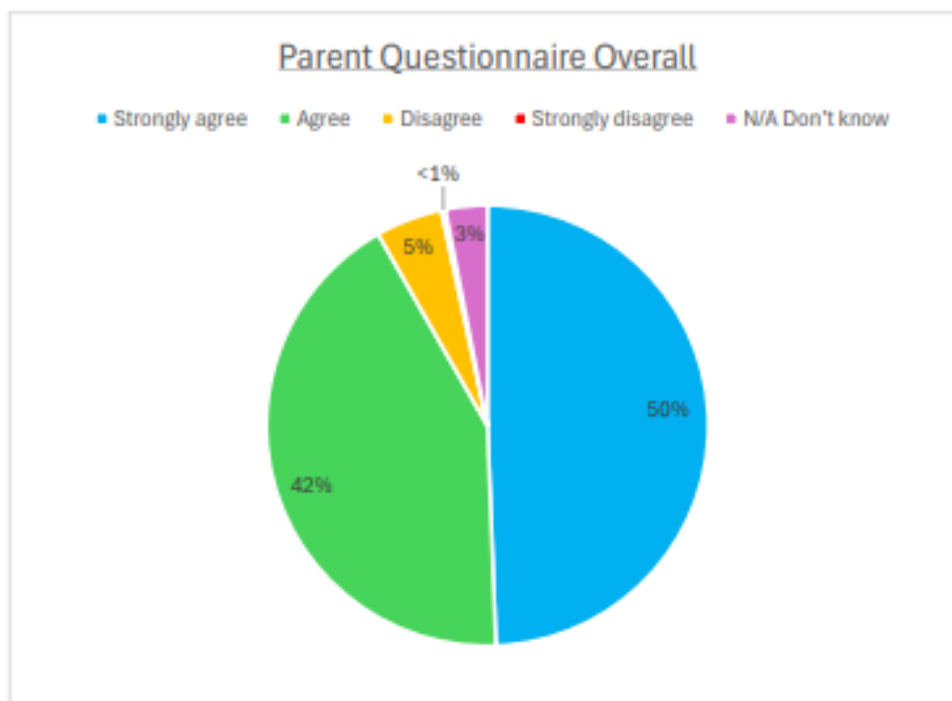
Once again, thank you for all the support you have given us and continue to give!

All the best - Mr Boyes

Crofty MAT - Parent Questionnaire 2024

Name of School: Trannack Primary School

	Strongly agree	Agree	Disagree	Strongly disagree	N/A Don't know
My child is happy at this school.	55%	40%	5%		
My child feels safe at this school.	60%	35%	5%		
The school makes sure its pupils are well behaved.	35%	55%	5%		5%
If my child was being bullied, I could talk to the school about it and they would help.	55%	35%	5%		5%
When I have raised concerns with the school they have been dealt with properly.	50%	30%	5%		5%
My child makes good progress at this school.	50%	45%	5%		
The school makes me aware of what my child is learning throughout the year.	40%	55%	5%		
The school lets me know how my child is doing.	50%	45%	5%		
The school has high expectations for my child.	40%	45%	5%		10%
Does your child have special educational needs and/or disabilities?	Yes – 8 No – 12				
If yes, my child has SEND and the school gives them the support they need to succeed.	50%	37.5%			12.5%
My child is well looked after at this school.	60%	35%	5%		
The school supports my child's wider personal development.	45%	35%	10%	5%	5%
My child is encouraged to enjoy reading at Trannack.	60%	40%			
All children and families are included at Trannack regardless of background, gender, race or religion.	55%	35%	5%		5%
There are interesting and memorable experiences related to curriculum learning at Trannack (e.g. the science fair).	50%	45%	5%		
My child is both nurtured emotionally <i>and</i> challenged to develop academically at this school.	40%	55%	5%		
I would recommend this school to another parent.	45%	50%	5%		
Overall %	50%	42%	5%	<1%	3%



Top Tips For Looking After Your Mental Health – By Dr Ranj

1. Get a good night's sleep

Sleep is when our bodies and our brains recover. It's when our brains sort out information that we've taken in during the day and process it.

So remember to tell your parents - when you are asleep, you're still working!

2. Get outside and get active

Exercise and physical activity aren't just good for our bodies, they are good for our brains as well, Dr Ranj says.

Exercise makes our bodies produce happy hormones, which have chemicals which help us to feel good.

3. Feed your mind

Our brains need energy too! Eating lots of different things of different colours and drinking lots of fluids too helps to keep your brain ticking over and your mind working better.

4. Speak up



Image source, Getty Images

If you're struggling, feeling down or worried about something then find a trusted grown-up you can speak to about it.

Asking questions can get you the answers you need, but just talking can also make you feel better.

5. Look out for each other

Being kind to one another not only helps us feel good about ourselves, but it's also beneficial to our mental health.

So another reason to be sociable and be friendly!

These tips are from Dr Ranj's latest book: Brain Power: A Tool Kit to Understand and Train Your Unique Brain.



A colorful poster for the 'Coast Activity Programme'. The top left says 'SPORTS AND ACTIVITIES' and 'Coast ACTIVITY PROGRAMME'. A central banner says 'THIS SUMMER HOLIDAY'. On the right, it says 'Ofsted Registered See website for details'. Below that, it lists 'ACTIVITIES' including Swimming, Learn2Ride, Skating, Tennis, Football, Arts and Crafts, Dodgeball, Rugby, and 'and so much more'. It also says 'AGES 5-16'. On the left, it says 'Full and Half days available all Summer' and 'Helston Community College, Hayle Academy, St Ives'. There is a 'FREE' badge and 'Free Half Day Places with a Hot Meal for FSM Children'. At the bottom, it says 'SCAN TO BOOK' with a QR code and the phone number '07939863010'. The website 'www.coastactivityprogramme.com' and email 'info@coastactivityprogramme.com' are at the very bottom. Logos for Cornwall Council and the Department for Education are also present.