

Newsletter

Friday 20th September 2024



Trannack Primary School
Trannack
Helston
Cornwall
TR13 0DQ

Tel 01326 572100

www.trannack.croftymat.org

Executive Headteacher: Mrs L. May
linda.may@croftymat.org

Head of school: Mr A. Boyes
adam.boyes@croftymat.org

Finance:
School Meals £2.65 per day, £13.25 per week. Please pay via ParentPay

Early Bird - £2.10 or £2.80 per session
Kid's Club - £7.35 per session
This must be booked in advance!

You may replace:
Book bags @£4.00

Uniform - www.hartpersonalised.com
or - www.myclothing.com

Trannack Facebook Page:
<https://www.facebook.com/Trannack-School-275021094306153>

Tax Free Childcare:
www.gov.uk/tax-free-childcare

Diary Dates

Summer: Jul 25th - Sep 4th inc.
INSET Days - Tue 3rd Sep, Wed 4th Sep,
Mon 14th Oct, Mon 24th Feb, Thur 8th
May, Mon 2nd Jun, Wed 23rd Jul
Autumn term - Sep 5th - Dec 20th inc.

Dear Parents/Carers

Absence

Please ensure that you call the school first thing in the morning to inform us if your child is absent and the reason for it. If they are absent for more than one day, it is important that you let us know daily if they are still absent. On a Wednesday if there is no one manning the office, it is preferred that you message via class dojo.

Arriving Late or Collecting Early

If your child arrives late, after the side gate has been locked at 8:50, please send them to school through the gate by the steps. They will need to go to the school office where Mrs Hoskins will help them to sign in. It is not necessary to enter the school grounds yourself, unless you are a parent of a younger child. If you are signing an infant child in, please ensure that you order a school meal for them if one is required. If you are picking a child up for an appointment etc., please ensure that you sign them out before you take them. This is for health & safety reasons.

Data Collection Sheet

A data collection sheet has been sent home for every child which details their medical information, contact details and contact preferences. Please check the information on the sheet, make any amendments and return to school as soon as possible. It would be most helpful if you could return the sheet even if there are no changes, if this is the case please just write 'no changes' on the sheet. Thank you!

The Newsletter

If you have any problem accessing the newsletter please let Mrs Hoskins know. It will be uploaded to Dojo and the school website only from now on. To find it on the school website you just need to go to the front page and scroll down to 'News'.

School Meals

There are no changes to the price of school meals. As there is no printed newsletter, please see Mrs Hoskins if you would like a weekly tick sheet for school meals.

Little Learners

This week our Little Learners were making the most of the sunshine and cooking some interesting food ideas in our mud kitchen, with lots of sharing, problem solving and working together.

Woodlands Days

The Woodlands Days for this half term will be as follows:
Godrevy class on Monday 30th - Portreath class on Tues 1st Oct - Praa Sands class Thurs 3rd Oct. Class teachers will be in touch with further information next week.

Attendance

The class with the highest attendance last week was Godrevy class with 98.66%. Well done!

After School Clubs

A letter has been sent home today regarding after school clubs. If your child would like to attend please ensure your return the form promptly. These will commence next week if they haven't already started. Clubs will run until 4:15pm, with the exception of normal Wrap Around Care which finishes at 5:00pm. We ask that you collect your child/children promptly after all clubs.



Surfing

The children had a great time on Monday during their first surf sessions. If your child is taking part in the surfing, please ensure that you have paid in advance, on ParentPay. Thank you!

Sailing

The children had a lovely time at Trevassack Lake sailing on Thursday. There are still a couple of places left if anyone would still like to join. Please ensure that you have paid for all of the sailing sessions, via ParentPay.

Flu Immunisation

Kernow Health will be delivering the annual flu vaccinations this year. This will take place during the afternoon of Friday 4th October. You will need to register your child/children for the vaccine, if they aren't registered they will be unable to have the vaccine. Please click the link below to register your child for the vaccine: <https://www.kernowimmunisations.co.uk/Forms/Flu> you will need the code **EE144003**. You must submit your consent for the vaccine by midday on Wednesday 2nd October.

School Invoices

We would really appreciate it if all invoices for the last academic year are settled please. This includes school meals, wrap around care, trips and swimming.

This week's certificates go to:

Name	Class	Certificate	Reason
Annie	Godrevy	Learner of the week	For showing such wonderful enthusiasm towards our Ancient Egypt topic!
	Godrevy	Citizen of the week	For the fabulous help and support he gave to other children at Surf Club.
Robyn	Portreath	Learner of the Week	For taking pride in her work, especially her handwriting.
Nelly	Portreath	Citizen of the week	For being super helpful in the classroom.
Bertie	Praa Sands	Learner of the Week	For demonstrating a positive attitude to learning and writing fantastic expanded noun phrases in English.
Novi	Praa Sands	Citizen of the Week	For showing great resilience.

What Parents & Educators Need to Know About Worry & Anxiety

House Points

Hepworth won this week's house points. Well done!

House Points	
Fleetwood	★
Hepworth	★
Davy	
Trevithick	

UNDERSTANDING WORRY AND ANXIETY



Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

Clubs

Day	Club	Adult responsible
Monday	Surfing - full	Global Boarders - Mrs Ash to support
Tuesday	KS1 & KS2 Bookmaking/creative club	Ms Neild
Wednesday	Yr1 - Yr3 Well being club	Mrs Mustafa
Thursday	Sailing - spaces available	Children's Sailing Trust - Mrs Ash to support
Thursday	EYFS - Yr6 Services club	Mrs Shields

Surfing Dates		Sailing Dates	
Monday September 16 th	- First session	Thursday September 19 th	- First session
September 23 rd		September 26 th	
September 30 th		October 3 rd	
October 7 th		October 10 th	
October 14 th - No Sailing INSET Day		October 17 th	- Final session
October 21 st	- Final session		

Week 3 23/09/24	Monday				Tuesday				Wednesday				Thursday				Friday			
Name	Cheese & tomato pizza	Tomato & herb lentil pasta	JP cheese/beans, or pasta	Ham or cheese sandwich	Pork sausages & mash	Veggie sausages & mash	JP cheese/beans, or pasta	Ham or cheese sandwich	Roast chicken with roast potatoes	Cheese & onion slice & roast pots	JP cheese/beans, or pasta	Ham or cheese sandwich	Chicken & broccoli pasta bake	Meatless balls in tomato sauce	JP cheese/beans, or pasta	Ham or cheese sandwich	Fish fingers & chips	Quorn dippers with chips	JP cheese/beans, or pasta	Ham or cheese sandwich

National Child Measurement Programme

At this time of year that the local authority undertake the National Child Measurement Programme in schools, for children in Reception and Yr6. Please see the information below, including how to opt out should you wish to. There are two links below, one is for the parents of children in Reception and the other one for parents of children in Yr6.

The importance of healthy weight in children

Growing up healthily and maintaining a healthy weight throughout childhood is important for physical, social and mental wellbeing and readiness to learn. It also lays a foundation for future wellbeing, learning and employment. There is a statutory requirement through Relationships Education, Relationships and Sex Education (RSE) and Health Education for schools to teach pupils about the importance of being physically fit and healthy and good nutrition to maintain their mental health and wellbeing. The Ofsted Inspection Framework (2022) includes a judgement on the personal development of learners which includes evaluating the extent to which the curriculum and provider's wider network helps learners to know how to keep physically and mentally healthy.

Maintaining the mental wellbeing of pupils

The wellbeing of children and families is very important. NCMP measurements are conducted in a sensitive way, in private and away from other children. The weight and height information is shared with the parent/carer in a feedback letter. If a parent/carer would like to find out whether their child is underweight, a healthy weight or overweight, they can do this by simply entering their child's height and weight details into the NHS BMI calculator. It is a parent's choice if they share this information with their child. If a parent is concerned about their child's growth, weight, body image or eating patterns, NCMP feedback letters provide national and local information to support parents/carers and advise on when to seek further support from a school nurse or General Practitioner.

The psychological and emotional impact of the NCMP has been researched. Studies show that body image, self-esteem, weight-related teasing and restrictive eating behaviours do not change as a result of being measured or receiving feedback. Most children (96%) are indifferent or unconcerned about being weighed or measured. The small number of children (4%) that disliked the process were mainly from Year 6, children aged 10 to 11 years. This reinforces the need for sensitivity when weighing and measuring, particularly for older children.

The national ambition

The Government's second chapter of the Childhood Obesity Plan has set a national ambition to halve childhood obesity and significantly reduce the gap in obesity between children from the most and least deprived areas by 2030. The NCMP data is key to monitoring progress of this ambition.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>

Year 6 opt out form

Nexus Masterclasses

Nexus will be holding their Year 6 Masterclasses again this October. Nexus is unique in Cornwall, providing state-funded specialist education to able and gifted young people. There is a strong focus on academic achievement, alongside a bespoke curriculum aimed to engage and challenge our students. Students join the programme in Year 7 following a rigorous assessment and interview process. Please see the posters below.

NEXUS
Trevu Road,
Camborne
TR14 7AD

NEXUS MASTERCLAS

LIBERAL ARTS

MED 16 OCT, 3.45PM TO 5.30PM

FOR YEAR 6 STUDENTS

LANGUAGES

Learn to count to in German! You'll learn characters, tones, a rap and a game.

HISTORY

What has the Ancient World done for us? Do Ancient Civilisations still have an impact on our modern world?

ENGLISH

Learn how to take a reader on an exhilarating journey – full of twists and turns – with this creative writing session.

NEXUS

To register for a Masterclass place, please visit nexuscsia.co.uk/masterclasses

nexuscsia.co.uk | Follow us @ [nexus.csia](https://www.instagram.com/nexus.csia)

NEXUS
Trevu Road,
Camborne
TR14 7AD

NEXUS MASTERCLAS

STEM

THURS 24 OCT, 3.45PM TO 5.30PM

FOR YEAR 6 STUDENTS

MATHS

Use your powers of logic and deduction to help us solve a challenging mathematical question.

SCIENCE

Marvel at the wonder of science and be astounded with experiments!

COMPUTER SCIENCE

Can you create program code to enable a flying drone to beat the assault course?

NEXUS

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