

Newsletter

Friday 27th September 2024



Trannack Primary School
Trannack
Helston
Cornwall
TR13 0DQ

Tel 01326 572100

www.trannack.croftymat.org

Executive Headteacher: Mrs L. May
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Head of school: Mr A. Boyes
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Finance:
School Meals £2.65 per day, £13.25 per week. Please pay via ParentPay

Early Bird - £2.10 or £2.80 per session
Kid's Club - £7.35 per session
This must be booked in advance!

You may replace:
Book bags @£4.00

Uniform - www.hartpersonalised.com
or - www.myclothing.com

Trannack Facebook Page:
<https://www.facebook.com/Trannack-School-275021094306153>

Tax Free Childcare:
www.gov.uk/tax-free-childcare

Diary Dates

Summer: Jul 25th - Sep 4th inc.
INSET Days - Tue 3rd Sep, Wed 4th Sep,
Mon 14th Oct, Mon 24th Feb, Thur 8th
May, Mon 2nd Jun, Wed 23rd Jul
Autumn term - Sep 5th - Dec 20th inc.

Dear Parents/Carers

A Fond Farewell

This week we have said a very fond farewell to one of our fabulous teaching assistants, Mrs Naomi Milner, who has moved on to pastures new to further her career using the skills she has gained during her 'Mental Health' training. Naomi has worked at Trannack for a number of years but has even deeper roots as all three of her children attended Trannack. She has given a huge amount of enthusiasm and skill in supporting a very large number of children in their learning and development. She was very passionate about mental health, supporting students and staff alike. Naomi was a big part of the FTS over the years helping with various fundraising events such as fetes, discos, Christmas, Easter and Halloween events, sales, Coose Trannack etc. etc. We are very sad to see her leave as she was such a valuable and fun member of the team. We wish her well in her new role and we would like to say a big THANK YOU to Naomi from everyone in the Trannack community.

Annual Consent Form

Please complete the attached annual consent form and return it to school on Monday of next week. If you have more than one child you will need to complete a form for each child individually, you should receive extra forms for those who will need them. Please see Mrs Hoskins if you require further copies. As Portreath class are going on a trip next week they must ensure they bring the form back by Monday to enable them to go.

Flu Immunisation

Kernow Health will be delivering the annual flu vaccinations this year. This will take place during the afternoon of Friday 4th October (next week). You must submit your consent for the vaccine by midday on Wednesday 2nd October, if they aren't registered they will be unable to have the vaccine. Please click the link to register: <https://www.kernowimmunisations.co.uk/Forms/Flu> you will need the code **EE144003**.

Praa Sands Class

Super work in phonics, we have learnt

to recognise, say and write the sounds 'm', 'a' and 's'. Well done everyone!

Uniform

We believe that having a uniform is one important part of what we do to encourage children to feel like they belong and feel part of the team at Trannack Primary School. Please be aware that we now have a stock of free second-hand uniform that parents are welcome to take from. This is situated in the main school building just outside the hall. Also, if you have any used and unwanted uniform that is in good condition, we would be happy to receive it!

Woodlands Days

The Woodlands Days for this half term will be as follows:

Godrevy class on Monday 30th - Portreath class on Tues 1st Oct - Praa Sands class Thurs 3rd Oct. Keep an eye out on class dojo for further information.

Attendance

Well done to Godrevy who had 100% attendance last week!



Play equipment

I would like to give you a brief update regarding our upper school field play equipment. Now that the grass has regrown over the summer, the upper field is looking lovely again. Unfortunately, the main source of funding we were hoping to access to replace the old equipment (National Lottery funding) is no longer available, so we will be looking for alternative ways to raise funds in the coming months. Although this will be a slow process, we are ensuring that the children have access to a wide variety of smaller equipment at break and lunch time for them to enjoy.

Data Collection Sheet

We would appreciate it if the data collection sheets sent home last week could be returned to school next week. If there are no changes please write this on the front of the sheet. It is very important that we have up to date information should we need to make contact in an emergency or should there be an emergency and we need to know about medical history or changes to medical needs. Thank you!

Surfing & Sailing

To ensure your child can continue to take part in surfing or sailing you must ensure that you have paid for the sessions via ParentPay. Thank you!

This week's certificates go to:

Name	Class	Certificate	Reason
Charlie H	Godrevy	Learner of the week	For putting lots of effort into improving his writing and producing a good quantity of quality work.
Oliver	Godrevy	Citizen of the week	For the diligence he shows in taking responsibility for his class and school roles.
Seth <i>Sorry - this was for last week</i>	Godrevy	Citizen of the week	For the fabulous help and support he gave to other children at surf club
Theo	Portreath	Learner of the week	For working hard in English and creating some great mythical characters.
Mysha	Portreath	Citizen of the week	Mysha for being a great role model and setting a good example in the class.
Henry	Praa Sands	Learner of the week	For a fantastic attitude to learning and writing a super draft of his poem independently.
Fergus	Praa Sands	Citizen of the week	For showing respect by managing distractions during lessons.

What Parents & Educators Need to Know About Worry & Anxiety

House Points

Fleetwood won this week's house points. Well done!

House Points	
Fleetwood	★ ★
Hepworth	★
Davy	
Trevithick	

DIFFERENTIATING WORRY FROM ANXIETY



While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.

Clubs

Day	Club	Adult responsible
Monday	Surfing - full	Global Boarders - Mrs Ash to support
Tuesday	KS1 & KS2 Bookmaking/creative club	Ms Neild
Wednesday	Yr1 - Yr3 Well-being club	Mrs Mustafa
Thursday	Sailing - spaces available	Children's Sailing Trust - Mrs Ash to support
Thursday	EYFS - Yr6 Services club	Mrs Shields

Surfing Dates		Sailing Dates	
Monday September 16 th	- First session	Thursday September 19 th	- First session
September 23 rd		September 26 th	
September 30 th		October 3 rd	
October 7 th		October 10 th	

October 14 th – No Sailing INSET Day	October 17 th	- Final session
October 21 st	- Final session	

School Meals Praa Sands Class

Week 1 30/09/24	Monday				Tuesday				Wednesday				Thursday				Friday			
Name	Cheese & tomato pizza	Tomato pasta	JP cheese/beans	Ham or cheese sandwich	Beef burger & wedges	Veggie burger & wedges	JP cheese/beans, or pasta	Ham or cheese sandwich	Road pork & roast potatoes	Vegetarian cottage pie	JP cheese/beans, or pasta	Ham or cheese sandwich	Turkey lasagne	Vegetable Spanish rice	JP cheese/beans, or pasta	Ham or cheese sandwich	Fish fingers & chips	Quorn dippers & chips	JP cheese/beans, or pasta	Ham or cheese sandwich

National Child Measurement Programme

At this time of year that the local authority undertake the National Child Measurement Programme in schools, for children in Reception and Yr6. Please see the information below, including how to opt out should you wish to. There are two links below, one is for the parents of children in Reception and the other one for parents of children in Yr6.

The importance of healthy weight in children

Growing up healthily and maintaining a healthy weight throughout childhood is important for physical, social and mental wellbeing and readiness to learn. It also lays a foundation for future wellbeing, learning and employment. There is a statutory requirement through Relationships Education, Relationships and Sex Education (RSE) and Health Education for schools to teach pupils about the importance of being physically fit and healthy and good nutrition to maintain their mental health and wellbeing. The Ofsted Inspection Framework (2022) includes a judgement on the personal development of learners which includes evaluating the extent to which the curriculum and provider's wider network helps learners to know how to keep physically and mentally healthy.

Maintaining the mental wellbeing of pupils

The wellbeing of children and families is very important. NCMP measurements are conducted in a sensitive way, in private and away from other children. The weight and height information is shared with the parent/carer in a feedback letter. If a parent/carer would like to find out whether their child is underweight, a healthy weight or overweight, they can do this by simply entering their child's height and weight details into the NHS BMI calculator. It is a parent's choice if they share this information with their child. If a parent is concerned about their child's growth, weight, body image or eating patterns, NCMP feedback letters provide national and local information to support parents/carers and advise on when to seek further support from a school nurse or General Practitioner.

The psychological and emotional impact of the NCMP has been researched. Studies show that body image, self-esteem, weight-related teasing and restrictive eating behaviours do not change as a result of being measured or receiving feedback. Most children (96%) are indifferent or unconcerned about being weighed or measured. The small number of children (4%) that disliked the process were mainly from Year 6, children aged 10 to 11 years. This reinforces the need for sensitivity when weighing and measuring, particularly for older children.

The national ambition

The Government's second chapter of the Childhood Obesity Plan has set a national ambition to halve childhood obesity and significantly reduce the gap in obesity between children from the most and least deprived areas by 2030. The NCMP data is key to monitoring progress of this ambition.

Reception: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-reception-year/>

Year 6: <https://www.healthycornwall.org.uk/make-a-change/2024-child-health-programme-year-6/>

[Year 6 opt out form](#)